## We have sought the views and concerns of local people and our communities in developing our priorities



### **COST OF LIVING CRISIS**

- Affecting people's mental health and ability to live a healthy lifestyle – from early years to older age
- Accessibility of services transport and affordability • Financial support through the crisis – help to know about
  - and access the funds that are available to support them - lack of trust contributes to this, not just about signposting
  - Concerns about feeding families and heating homes
  - Concerns about housing lack of availability and affordability
  - Homelessness on the increase

NEW!

**GREEN AND** 

**CONCERNS** 

Active travel

**CAPACITY** 

**ENVIRONMENTAL** 

Access to clean, green spaces

Traffic and poor air quality

barriers to healthy living

**VOLUNTARY AND** 

**COMMUNITY SECTOR** 

Capacity and resource across the sector

Broader representation is needed

 Higher risk of certain health conditions – putting extra pressure on NHS services – particularly mental health services and increasing health inequalities

### NEW! **DIVERSITY AND INCLUSIVITY**

- Unconscious bias training
- Encourage conversation about transparency on cultural differences
- Be prepared to make changes
- Ensure systemic issues are investigated and tackled

People and

communities

### **COMMUNICATION, NAVIGATION AND SIGNPOSTING**

- Signposting, navigation and a single point of access where possible
- Sufficient information to know where to get help, all in one place
- People's ability to look after their own health and wellbeing (self-care), with ability to ask professionals questions or and contact to help navigate where
- Lack of materials in accessible formats, including for people with a learning disability, translations, sight impaired
- Transition between services need for joined up approach across health and care - 'tell us once' approach
- Missing letters and not keeping patients informed about delays and changes to appointments

### TRUST IN **PUBLIC SERVICES**

- In public sector organisations and professionals amongst some communities
- Trust issues higher in areas of inequalities and those from Black, Asian and Minority Ethnic backgrounds
- Need to build trust in services, based on experiences people have had before



- Shift to digital services has left some population groups facing digital exclusion
- Need multiple points of access and to retain options for face to face contact



### **MENTAL HEALTH SERVICES**

### **SOCIAL ISOLATION**

- Social isolation for older people and adults with
- Also for carers and younger adults and children
- Long service waiting times, need interim
- Access, hard to navigate, more support needed in some communities and services need to be culturally competent
- Children and young people's mental health access, waiting times, substance misuse



### SERVICE AVAILABILITY AND DEMAND

- Perceptions that additional services are wanted and are not always delivered
- Concern around service availability of services/sites in some areas
- Multiple engagement requests with tight timescales and low resources affect communities ability to be involved
- Priority for local people that we feedback how their feedback has influenced the provision of services



### NEW!

- learning disabilities

# **REFERRALS AND WAITING TIMES**

Important to hear from small & large organisations

 Challenges getting timely referrals and long waiting times for mental health, children and young people's mental health and outpatient services

NEW!

**DEMENTIA** 

one point of contact

 Patients left chasing updates and not being clear who to contact about their referral. How can we support and provide more information and updates for patients about status of their referral



**EMPLOYMENT** 

Variability of support services across SWL

Information needs to be in one place, support from

Pathways to employment after covid.

local businesses and job growth

Support for local economies, including

for carers, people with learning disabilities

 Carers' voices need to be elevated and need for carers to be considered as essential part of support and decision making



- Availability of appointments, waiting times including face-to-face
- Variation in access across and within boroughs

